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and once the bacteria grow back, if the bad outgrow the good then your bv will come back (happens in 1 of 3 women who have bv)

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after menstruation and right before ovulation, a woman will experience an increase of cervical mucus

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zillioux, e.j., johnson, i.c., kiparissis, y., metcalfe, c.d., wheat, j.v., ward, s.g., and liu, h

bodyecology.com/articles/top_ten_foods_that_prevent_inflammation.php

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